

Discuss your nasal polyp symptoms with your doctor to understand appropriate treatment options









To help you prepare for the conversation with your doctor, answer these questions below before your appointment. When you're done, save or print this guide with your answers and bring it with you to your next visit. This will help your doctor understand how your nasal polyp symptoms are impacting you and determine if SINUVA is right for you.

Before your appointment

Uncover your experience with nasal polyps

1. What nasal polyp symptoms are you experiencing?

- ☐  Nasal congestion
- ☐  Reduced sense of smell
- ☐  Facial pain/pressure
- ☐  Nasal obstruction
- ☐  Runny nose/nasal discharge
- ☐  other

2. How are these symptoms affecting you?

3. What treatment(s) have you taken in the past or are currently taking?

- | Past | Current | |
|-----------------------|-----------------------|-----------------------------|
| <input type="radio"/> | <input type="radio"/> | Medicated intranasal rinses |
| <input type="radio"/> | <input type="radio"/> | Saline intranasal rinses |
| <input type="radio"/> | <input type="radio"/> | Steroid sprays |
| <input type="radio"/> | <input type="radio"/> | oral steroids |
| <input type="radio"/> | <input type="radio"/> | Biologics |
| <input type="radio"/> | <input type="radio"/> | Antibiotics |
| <input type="radio"/> | <input type="radio"/> | Allergy medications |
| <input type="radio"/> | <input type="radio"/> | other |

4. Describe your experience with these treatments and the relief they have provided.

Medicated intranasal rinses

Saline intranasal rinses

Steroid sprays

oral steroids

Biologics

Antibiotics

Allergy medications

other

5. Have you had ethmoid sinus surgery?

- ☐ Yes
- ☐ No

If yes, would you consider another surgical procedure to treat your nasal polyps if recommended by your physician?

- ☐ Yes
- ☐ No

6. Are you interested in a treatment that takes a different approach in the delivery of the medicine to help shrink your nasal polyps and relieve your nasal polyp symptoms?

- ☐ Yes
- ☐ No

7. What are you looking for in a nasal polyp treatment option?

- ☐ Shrink nasal polyps with symptom relief
- ☐ Duration of nasal polyp symptom relief
- ☐ How often you have to take the treatment
- ☐ Avoiding another sinus surgery and/or sinus procedure
- ☐ Medication that treats my nasal polyps directly
- ☐ Something else

INDICATION

SINUVA Sinus Implant is a prescription steroid-releasing (mometasone furoate) implant indicated for the treatment of nasal polyps in patients 18 years or older who have had ethmoid sinus surgery.

IMPORTANT SAFETY INFORMATION

Who should not use SINUVA?

Do not use SINUVA if you are allergic to mometasone furoate or any ingredients of the implant.

What should I tell my doctor before receiving SINUVA?

Before you receive SINUVA, tell your doctor about all medical conditions you have including nasal/sinus problems (such as nasal ulcers or trauma), eye problems (such as glaucoma or cataracts), or any untreated fungal, bacterial, or viral infections.

What are the possible side effects of SINUVA?

Serious side effects of SINUVA can include:

- **Local reactions** including nosebleed and injury to nerves or blood vessels in the nose/sinus.
- **Serious allergic reactions** have happened in patients using mometasone furoate including rash, itching or swelling of the lips, face, tongue, and throat, and breathing problems. Call your doctor right away if you have any of these reactions.
- **Weakened immune system** that may increase your risk of infections. Avoid contact with people who have contagious diseases such as chickenpox or measles. Call your doctor right away if you have been near someone with chickenpox or measles.
- **Adrenal insufficiency** is a condition in which the adrenal glands do not make enough steroidhormones and can cause tiredness, weakness, nausea and vomiting and low blood pressure. Talk to your doctor if steroid effects such as Cushing Syndrome and adrenal suppression appear.

Please see additional Important Safety Information on the following page.

During your appointment

Ask about SINUVA

SINUVA is the first and only FDA-approved stent for the treatment of nasal polyps in adult patients who have already had ethmoid sinus surgery—it is a non-surgical treatment option that can be placed in-office.

Talk with your doctor about how SINUVA may help you discover relief from your nasal polyp symptoms.

- How does SINUVA work to reduce nasal polyps?
- Does SINUVA provide relief from nasal polyp symptoms?
- Can SINUVA help me avoid the need for more sinus surgery?
- Do you think SINUVA is right for me?
- How can I get started with SINUVA?
- How is SINUVA different from other nasal polyp treatment options?
- Do I have to remember to take SINUVA?
- What are the common side effects of SINUVA?

IMPORTANT SAFETY INFORMATION (cont'd)

The most common side effects of SINUVA in clinical studies were bronchitis, cold symptoms, middle ear infections, headache, lightheadedness or dizziness, asthma, and nosebleeds. The following adverse reactions have been identified during post-approval use of the SINUVA sinus implant. These events include implant migration, lack of efficacy, nasal pain, headache, and nosebleeds.

Tell your doctor if you have any side effects that bother you or don't go away.

Risks related with the insertion and removal of SINUVA are similar to other endoscopic sinus procedures.

SINUVA is made from materials designed to soften over time and may fall out of the nose on its own as polyps decrease or if you sneeze or blow your nose forcefully. The implant will be removed 90 days after placement or earlier at your doctor's discretion.

Contact your doctor immediately if you have any changes in vision, excessive nasal bleeding, symptoms of infection or symptoms suggesting that the implant has moved, such as irritation or a choking sensation in the back of the throat.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

For important risk and use information, please see [Full Prescribing Information](#) for SINUVA, also available at www.SINUVA.com/PI.



Learn more at SINUVA.com

Intersect ENT and SINUVA are registered trademarks of Intersect ENT, Inc. in the United States and other countries.

©2020 Intersect ENT, Inc. All rights reserved.
MPM-12017 Rev 1.0

